





HOW TO ATTACH THE FOOTSTRAPS

We recommend beginners to start foiling without footstraps! As this is the most simple and safest way to learn. Once you feel safe on the board, it's time to mount the foot-straps and enter the next level.



General advice:

Some footstraps are attached using 4 screws. Others are mounted with 2 screws. Take care to install the screws straight from the top with constant down pressure while turning the screwdriver. Also, be caused not to overtight them!

Place the board on a flat surface - grass is ideal. Make sure there are no rocks or seashells under your board that could damage the board.





Basically there are 3 different mounting-options for your front foot. The strap for your backfoot is always mounted straight on the center line with double srews on each side (4 screws). Your front straps are screwed with 1 screw on each side (2 screws).

Attach a single diagonal footstrap (option 1 & 2), when you don't want to switch your feet. Many riders prefer this setup in the surf, to stay in a regular or goofy surf stance at all time. But also for flat water and freestyle this setup is very popular.

If you prefer to change your stance, we recommend the setup with 3 footstraps (option 3), or the option with a straight front strap (option 4).









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The standing position has a close relation to the position and the character of your foil. A good starting point is using all straps in the middle options of the footstrap inserts.



By moving the straps forwards and backwards you can trim the board to your personal preferenc and adapt the stance to your body size and the position of your foil.



J.2 If you feel too much pressure on your back foot while foiling you should move the foil forward in the tracks or mount the straps further back.

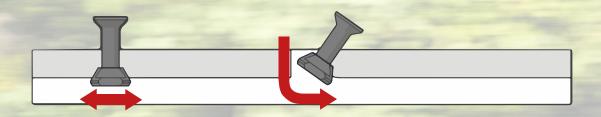
If you feel too much pressure on your front foot to keep the foil in the water, move the foil back or position your straps forward.



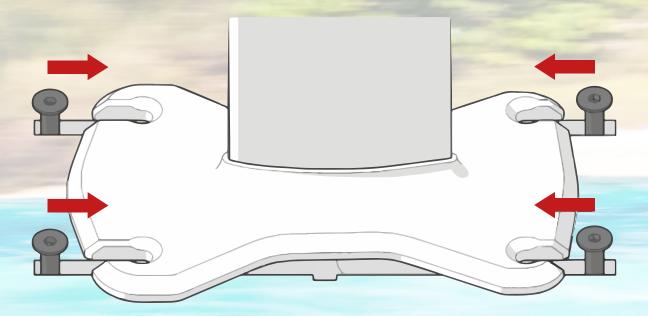
If you have small and narrow feet, you can use the inserts closer to each other for a tight and good fit in the straps.



HOW TO MOUNT THE FOIL TO YOUR BOARD



1 Insert the supplied track nuts into the foil tracks of your board.



Place the mast on the foil tracks. If you don't have any further instructions on the correct mast position, start with a position in the middle of the track.

Align the track nuts under the inserts for the screws. Insert the screws and tighten them. Make an extra round and make sure all screws are tight!

Now attach your back wing to your fuselage and mount the fuselage to the mast. Assamble your front wing on the fuselage and make sure that all screws are tight.





CLOSE THE AIR VENT / ATTACH LEASH

Most of our boards come with a self-breathing air vent.
Make sure it's installed correctly before entering the water for the first time. Self-breathing air vents don't need to be touched after correct installation.

If your board comes with a classic air vent that is installed with a screwdriver, make sure you pull it tight before entering the water. Open a non self-breathing air vent, when your board is exposed to extensive heat or before taking a flight with your board.

Finally attach the leash to the leash plug of the board.



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